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# SCANDINAVIA – DENMARK & NORWAY Friendship Tennis Exchange 2001

June 21 – July 2, 2001

ASD Cultural Exchange Reference No.: NR1A01

## ASD Colorado Tennis Team

### DAILY ITINERARY

#### **DAY 1 THURSDAY JUNE 21 USA TO COPENHAGEN**

9:30 AM meet at Denver airport for check-in at Northwest Airlines counter. Depart from Denver on Northwest Airlines on our transatlantic overnight flight departing at 11:25 PM bound for Copenhagen, Denmark. We fly via Detroit and Amsterdam with airplane changes. Enjoy your in-flight meals and movies! (D, S on flights)

Overnight Transatlantic flight

#### **DAY 2 FRIDAY JUNE 22 COPENHAGEN, DENMARK**

10:15 AM arrival to Copenhagen, the capital of Denmark. Upon arrival, our local tour guide will meet and transfer us to our hotel in central Copenhagen. Short orientation sightseeing on the way. Check-in at your hotel. After check-in, the remainder of the day is at leisure. (B on flight)

Accommodation in Copenhagen: Grand Hotel (Superior First Class Hotel)

#### **DAY 3 SATURDAY JUNE 23 COPENHAGEN**

Morning Copenhagen Panorama City sightseeing. Sightseeing in this fairytale city includes the Little Mermaid, the Saviours Church, the Royal Amalienborg Palace, the Stock Exchange, the City Hall and many other highlights. Following our sightseeing we continue direct to our host club in the Copenhagen area. We enjoy an afternoon and evening of friendly tennis matches followed by an evening dinner party co-hosted by our host club and ASD Cultural Exchange. Late evening return to our hotel. (B, D)

Accommodation in Copenhagen: Grand Hotel (Superior First Class Hotel)

#### **DAY 4 SUNDAY JUNE 24 COPENHAGEN**

Morning free to relax and further explore and enjoy Copenhagen on your own. Mid-day transfer to our host tennis club for an afternoon of continued Friendship Tennis Exchange. Late afternoon return to our hotel and free time to refresh for our evening dinner. Tonight we will enjoy a visit to glittering Tivoli Gardens for an evening of fun and music, as well as free time to enjoy dinner on own at one of the restaurants at famous and beautiful Tivoli Gardens. Late evening return on own to our hotel. (B)

Accommodation in Copenhagen: Grand Hotel (Superior First Class Hotel)

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**DAY 5 MONDAY JUNE 25 COPENHAGEN, CRUISE TO OSLO, NORWAY**

Day at leisure in Copenhagen to enjoy shopping and sightseeing on own. At 3:00 PM we meet in the hotel lobby for our afternoon transfer from the hotel to the port of Copenhagen and our overnight cruise on board DFDS Seaways. Please pack your suitcases for overnight storage on board the cruise ship and an overnight carry-on bag with clothing for the evening on board the cruise ship as well as for the next day. Upon arrival to the cruise terminal, our luggage will be transferred to a container. We depart Copenhagen at 5:00 PM, and enjoy our cruise via Helsingborg, Sweden, to Oslo, Norway. At 8:30 PM enjoy your grand evening Smorgasbord Buffet Dinner (reserved seating). The Seven Seas Restaurant serves an excellent buffet of hot and cold food - a vast spread of seafood, meats, cheeses, salads and sweets. (B, D)

Accommodation: DFDS Seaways Overnight cruise - m/s Crown of Scandinavia (Standard Inside Cabin)

**DAY 6 TUESDAY JUNE 26 OSLO - NORWAY FJORDS - GUDVANGEN**

Breakfast at leisure from 6:30 AM – enjoy your cruise buffet breakfast on board as well as perhaps stroll along the deck and view the ship cruising the Oslo Fjord. Morning - 9:00 AM - arrival in Oslo, the capital of Norway. Upon arrival we begin our Norway Fjord Adventure and depart from Oslo by private motor coach to the famous Norway Fjords area. Countryside sightseeing en route. Upon arrival to Gudvangen, we start our local sightseeing. We go to Flam and ride on the famous Flam-Myrdal railroad, taking you through a breath-taking scenery on the electric train, which follows a 12-mile route with a 2,844 rise. After Flam we drive to some main vista points to get some spectacular views of the fjords, including descend the hairpin bends of the Stalheim Canyon Road. Evening festive Norwegian three-course dinner at our hotel including entertainment with Norwegian music and folklore dancing. (B, D)

Accommodation in Gudvangen, Norway Fjords: Gudvangen Fjordtell (Superior Tourist Class Hotel)

**DAY 7 WEDNESDAY JUNE 27 GUDVANGEN - NORWAY FJORD CRUISE - BERGEN**

Early morning departure for a fun filled full day cruising the Fjords. We cruise from Gudvangen on a scheduled fjord cruise along the small charming towns along the fjords. Today we cruise on Naeroyfjord, which is a narrow fjord, and enter Sognefjord. Quick lunch en-route on-board. We cruise Sognefjord, which is the deepest and longest fjord in Norway and one of its majestic fjords. We end our cruise in the beautiful harborside town of Bergen, a picturesque city at the tip of the fjord country with colorful hillside buildings rising in tiers from the harbor. Upon our late afternoon arrival in Bergen, we board our bus and continue to our hotel. Check-in and balance of the day at leisure. Dinner on own. (B, L)

Accommodation in Bergen: Scandic Hotel Bergen City (First Class Hotel)

**DAY 8 THURSDAY JUNE 28 BERGEN, SIGHTSEEING AND TENNIS**

Welcome to Bergen! Founded in 1070, Bergen is Norway's second largest city. Bergen is beautifully situated by the fjord area between seven mountains. Morning Bergen Panorama Sightseeing, highlighting Bryggen, the row of wooden buildings with pointed gables facing the harbor. Also visit Bergen's colorful marketplace, as well as see the funicular tram that goes up to a vista point with a view of the city. Free time to enjoy charming Bergen, shop and have lunch, before we depart to our host club in the Bergen area for a late afternoon and evening of Friendship Tennis Matches with local players followed by a social evening of food and fun co-hosted by our host club and ASD Cultural Exchange (no-host bar). (B, D)

Accommodation in Bergen: Scandic Hotel Bergen City (First Class Hotel)

**DAY 9 FRIDAY JUNE 29 BERGEN TO OSLO**

Morning departure from Bergen to Oslo. We enjoy a full day scenic motor coach tour of the Norwegian countryside and arrive to Oslo late afternoon. Balance of the day at leisure in Oslo. (B)

Accommodation in Oslo: Clarion Hotel Royal Christiania (Superior First Class Hotel)

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**DAY 10 SATURDAY JUNE 30 OSLO, SIGHTSEEING**

Welcome to beautiful and exciting Oslo! Morning Oslo City Panorama Sightseeing Tour highlighting City Hall, the Holmenkollen Ski Jump, the Royal Palace and Vigeland Sculpture Park. Our sightseeing of Oslo continues with a visit to the nearby-located famous Viking Ship Museum and Kon Tiki museum. After our visit to the Viking Museum, balance of the day at leisure in Oslo. Possibly we will enjoy an inter-group tennis event today. (B)

Accommodation in Oslo: Clarion Hotel Royal Christiania (Superior First Class Hotel)

**DAY 11 SUNDAY JULY 1 OSLO, TENNIS**

Morning at leisure to explore Oslo on your own. This afternoon we will continue to our local host tennis club where we will enjoy an afternoon and evening of friendly tennis matches, followed by a social get-together - a festive and traditional Norwegian dinner party - co-hosted by your host club and ASD Cultural Exchange. After an evening of fun with our new Norwegian friends, we return to our hotel and as it is our last night, time to pack for our return trip. (B, D)

Accommodation in Oslo: Clarion Hotel Royal Christiania (Superior First Class Hotel)

**DAY 12 MONDAY JULY 2 OSLO, RETURN TO USA**

We bid Oslo, Norway and Scandinavia farewell! After breakfast, 8:45 AM morning departure from your hotel to Oslo airport. 10:45 AM we depart via Amsterdam and Detroit connecting gateways (with change of planes, including immigrations and customs in Detroit) to Denver. 8:26 PM evening arrival in Denver. (B, L/D, S on flights)

Transatlantic flight  
End of tour

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## Friendship Tennis Exchange 2001

June 21 - July 2, 2001

ASD Cultural Exchange Reference No.: NR1A01

### ASD Colorado Tennis Team

#### TOUR PRICE, INCLUSIONS & BOOKING CONDITIONS

##### **ASD CULTURAL EXCHANGE SPECIAL INCLUSIVE TOUR PRICE INCLUDES:**

- Transatlantic air in economy class from Denver to Copenhagen, Denmark, and return from Oslo, Norway, on Northwest Airlines/KLM via Detroit and Amsterdam connecting gateways
  - US Departure Tax/Customs Fees: \$ 80 (est. - subject to change at any time)
- Ten nights of accommodations in twin/double rooms in named hotels *or similar*, all with private bath & continental breakfast as follows:
  - 3 nights accommodation in Copenhagen, centrally located Superior Tourist Class or First Class hotel (4 or 3 Star); Grand Hotel, *or similar*
  - 1 night accommodation on-board overnight cruise, DFDS Seaways, Standard Inside Cabin
  - 1 night accommodation in Gudvangen/Flam area, centrally located 3-star Superior Tourist Class hotel; Gudvangen Fjordtell, *or similar*
  - 2 nights accommodation in Bergen, centrally located 4-star First Class hotel; Scandic Hotel Bergen City, *or similar*
  - 3 nights accommodation in Oslo, centrally located 4-star First Class hotel; Clarion Hotel Royal Christiania, *or similar*

##### **MORE MEALS - ALWAYS!**

- 22 Meals throughout the tour and in-flight - as follows:
- 11 Breakfasts:
  - Breakfast on flight from USA to Copenhagen
  - Daily breakfast at the hotels - mixed Continental, Cold Buffet, Hot Buffet, dependent on the choice of each hotel (subject to change per each hotels service)
- 4 Lunch/Snacks:
  - Lunch/Snack on flight from Denver to Detroit
  - Lunch on cruise from Gudvangen to Bergen
  - Lunch on flight from Oslo to USA
  - Snack on flight from Oslo to USA

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- 7 Dinners:
    - Dinner on flight from USA to Copenhagen
    - Dinner/meal at one social get-together in Copenhagen area, Denmark
    - Smorgasbord Buffet Dinner on-board cruise Copenhagen-Oslo
    - Dinner at hotel in Gudvangen
    - Dinner/meal at one social get-together in Bergen area, Norway
    - Dinner/meal at one social get-together in Oslo area, Norway
    - Dinner on flight from Detroit to Denver

*(please note – Meal Codes: B = Breakfast; L = Lunch; S = Snack; D = Dinner; M=Meal other)*

**MORE SIGHTSEEING AND TOURING - ALWAYS !**

- Comprehensive sightseeing per itinerary, including:
  - Copenhagen Panorama City Sightseeing
  - See Copenhagen's City Hall
  - See The Little Mermaid in Copenhagen
  - See the Stock Exchange in Copenhagen
  - See the Saviours Church in Copenhagen
  - See the Royal Amalienborg Palace in Copenhagen
  - Visit Tivoli Gardens in Copenhagen
  - Enjoy a scenic overnight cruise from Copenhagen to Oslo
  - See and cruise the Oslo Fjord
  - Enjoy a scenic motor coach journey from Oslo to Norway Fjords area
  - See Flam
  - Enjoy a scenic train ride from Flam to Myrdal and return to Flam
  - Enjoy the hairpin bends of the Stalheim Canyon Road
  - See the Norway Fjord views from Stalheim vista points
  - Enjoy a full day cruise on the Norwegian Fjords from Gudvangen to Bergen
  - Enjoy scenic Fjord Country and towns along fjord cruise
  - Cruise on Naeroyfjord
  - Cruise on Sognefjord
  - See Balestrand
  - Bergen Panorama City Sightseeing
  - See Bergen's Bryggen
  - Visit the Bryggen Marketplace in Bergen
  - See Bergen's funicular tram
  - Enjoy a scenic motor coach journey from Bergen to Oslo
  - Half day Oslo Panorama City Sightseeing
  - See the Holmenkollen Ski Jump in Oslo
  - See Oslo's City Hall
  - Visit Vigeland Sculpture Park in Oslo
  - See the Royal Palace in Oslo
  - Visit the Kon-Tiki Museum in Oslo
  - Visit the Viking Ships Museum in Oslo
  - See Oslo's charming harbor

*(please note that Panorama City Sightseeing tours does not include entrance fees)*



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**MORE ENTRANCES TO FAMOUS SIGHTS - ALWAYS !**

- Entrance Fees for included visits per itinerary:
  - Kon-Tiki Museum in Oslo
  - Viking Ship Museum in Oslo

**MORE FRIENDLY SPORT EXCHANGES - ALWAYS !**

- 4-5 Friendly Sport Exchanges per itinerary:
  - 2 x Friendly Tennis Exchanges/matches in Copenhagen area, Denmark
  - 1 x Friendly Tennis Exchanges/matches in Bergen area, Norway
  - 1 x Friendly Tennis Exchange/matches in Oslo area, Norway
  - 1 x Inter-Group Play in Oslo area, Norway*(please note that all Friendly Tennis Exchanges and Inter-Group Play are subject to change as well as the host teams confirmations)*

**MORE QUALITY SERVICES - ALWAYS !**

- All transfers per itinerary
  - Transfer from Copenhagen airport to Copenhagen hotel
  - Transfer from Oslo hotel to Oslo airport
- All land transportation throughout tour (varies: local or long-distance coach): from arrival to Copenhagen and departure from Oslo, by private luxury motor coach with air-conditioning, reclining seats and emergency washroom (when applicable).
- Services of ASD Cultural Exchange local meet and greet transfer assistance upon arrival in Copenhagen and on departure from Oslo (tipping of transfer guides additional)
- Services of ASD Cultural Exchange local English-speaking step-on guides during sightseeing's and day excursions per itinerary (tipping of tour guides additional)
- Baggage handling at all hotels (one piece per person) (not offered at Copenhagen and Oslo airports, as well as at DFDS port in Copenhagen and Oslo) (subject to hotels availability of luggage service)
- Local hotel taxes and service charges
- Airline taxes and US departure tax (subject to change at any time)
- Tips for drivers, local guides and headwaiters are not included
  - **Please note:** Tipping of Tour Manager and Tour Guides as well as Driver to be paid locally while on tour – recommended tipping is \$ 2.00-3.00 per person per day for the Tour Manager, \$ 1.00 per person per day for Local Guides (full day) and \$ 1.00 per person per day for the motor coach Driver.
- Exclusive ASD Cultural Exchange™ Denmark and Norway Travel Information Kit
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**End of services**

ASD Cultural Exchange is responsible for the organization of services only and disclaims any liability for property damage, loss or personal injury resulting from services provided by public carriers, operators, and companies for whom ASD Cultural Exchange acts solely as an agent. At its discretion, ASD Cultural Exchange reserves the right to alter any itinerary to accommodate unforeseen matters such as strikes, change of space reservations, weather, an act of God or any circumstances that would disrupt smooth conveyance of traveling members. Prices are subject to change until tour is paid in full. ASD Cultural Exchange strongly suggests that you purchase travel insurance.